



Mercy University Hospital, Centre of Nurse Education

Prospectus Spring 2024



Mission Statement of the Centre of Nurse Education

The Centre of Nurse Education is committed to providing high quality, accessible education. We view education as a shared undertaking with teaching staff as facilitators and learners as active participants in their knowledge development.

Learning is a life-long process which enables individuals to think critically in the appraisal and application of knowledge, skills, and values as these relate to self, others, and the environment. This philosophy guides our values set out below.

- We seek to excel in the field of education ensuring that our programmes are accredited, progressive and empowering.
- We are accountable to our stakeholders through our collaboration, responsiveness and performance. We strive to act at all times with complete integrity and transparency
- Our service is based on an ethos of fairness and quality. Education is equitable, accessible, flexible and measurable.
- We value and respect each person's contribution, through trust, courtesy and collaboration.
- We continuously strive for innovative enhancement to the services we provide working in partnership with stakeholders for the good of the public.

Foreword

It is with pleasure that I welcome you to the Spring 2024 edition of the Prospectus of the Centre of Nurse Education, Mercy University Hospital.

The availability of continuing education programmes has been prioritised in accordance with available resources and service needs. The Centre of Nurse Education produces a prospectus twice yearly, in Spring and Autumn. There are occasions when additional courses/study days are scheduled within the life span of the current Prospectus. In such cases, these will be advertised to relevant stakeholders prior to delivery.

The Centre of Nurse Education works in partnership with the Consortium of Centres of Nursing & Midwifery Education (CCNME), Higher Education Institutions, Nurse Midwifery Planning and Development Unit (Cork/Kerry). The Centre seeks appropriate validation and accreditation for programmes from the relevant awarding bodies. All programmes are evaluated by learners and staff of the Centre of Nurse Education and revised as appropriate in partnership with relevant stakeholders.

Please feel free to browse the Prospectus where you will find information pertaining to the continuing professional education programmes offered, including the relevant contact details. I hope the courses on offer facilitate your continuing professional development needs. Our programmes will be delivered in accordance with the latest government and public health guidelines.

I wish to acknowledge the support of the Centre of Nurse Education team in the development of this Prospectus. I wish all participants attending the programmes well and I look forward to seeing you in the Centre of Nurse Education, Mercy University Hospital.

Stay safe and well.

Yours sincerely

Ann Cummins

Director of Centre for Nurse Education, Mercy University Hospital

Staff of the CNE

Title	Name	Phone	Email
Director of Centre of Nurse Education	Ann Cummins		
Nurse Tutor	Siobhan Burke	(021) 4935185	siburke@muh.ie
Nurse Tutor	Siobhan Buckley	(021) 4935180	sbuckley@muh.ie
Nurse Tutor Specialist Co-ordinator	Elizabeth Myers	(021) 4935182	emyers@muh.ie
Clinical Nurse Manager 3	Rachel Long	(021) 4934009	rlong@muh.ie
Nurse Tutor Specialist Co-ordinator	Louise Newcombe	(021) 4935199	lnewcombe@muh.ie
Clerical Officer	Lorna Paterson	(021) 4935184 0860598748	cne@muh.ie

The Educational Facilities:

The Centre offers the following facilities:

Ground Floor

- 1 Lecture Theatre to accommodate 23 participants, with ICT Connection-LCD Projection. This can also be used for Live Streaming of Conference's from other venues
 - 1 Classroom to accommodate 10 participants, with ICT Connection-LCD (this room can also be divided into 2 separate rooms).
 - Canteen that accommodates up to 13 participants.
- * Seating numbers reduced

First Floor

- Library and Information service

Second Floor

- Training Room with ICT Connection-LCD Projection. This can also be used for practical sessions
 - Training ward with ICT Connection-LCD Projection. This room consists of 2 beds and one trolley and can be adapted for practical sessions
- * Seating numbers reduced

Library and Information Service

Location

1st Floor, Centre of Nurse Education

Opening Hours

8am to 9pm, Monday to Friday

Contact Numbers

Phone: 353 21 4935487

Email: library@muh.ie

Staff

Ms Breedá Herlihy: Librarian

Access

The Library services and facilities are available to:

- All MUH staff
- Students on placement at MUH
- Those attending CNE courses

Role of the Library

The Library's role is to support evidence-based clinical practice and the learning, teaching and research needs of the MUH staff and other designated users. It attempts to do this by providing access to:

- A study area with facilities conducive to reading and study and research
- Print and electronic information resources both locally and remotely
- Instruction in library and information seeking skills

Information Resources

Online Journals: The Library provides online full-text access to thousands of journal titles.

Databases: The Library provides access to the main health sciences bibliographic and full-text databases.

Facilities

There is a spacious and well fitted out study area as well as a computer room comprising of 11 PCs. The PCs have full Internet access, the requisite up-to-date software and printing facilities. The Library also provides scanning and photocopying facilities. There is also a group study room with online access.

Services

Borrowing: Library users may borrow 6 books for a maximum period of two weeks.

Document Supply Service: The Library provides a quick and efficient Inter Library Loan/Document Supply Service. Most journal article requests are satisfied within 24 hours.

Information Skills Training: The Library provides training to groups and individuals to help them identify, locate, use and evaluate the information resources needed to support clinical practice, learning, teaching and research.

Links and Partnerships

In the planning, delivery and evaluation of professional development programme's the Centre works collaboratively with:

- Nursing Midwifery Planning and Development Unit (Cork/Kerry)
- Office of the Nursing and Midwifery Services Directorate
- Catherine Mc Auley School of Nursing & Midwifery, University College Cork
- Dublin City University
- Nurse Practice Development Unit, Mercy University Hospital
- Directors and Assistant Directors of Nursing and Public Health Nursing
- Advanced Nurse Practitioners, Clinical Nurse Specialists

Information for course participants

Directions to the Centre of Nurse Education, Mercy University Hospital

Address: 34 Henry Street Cork

Tel: 021 4935184

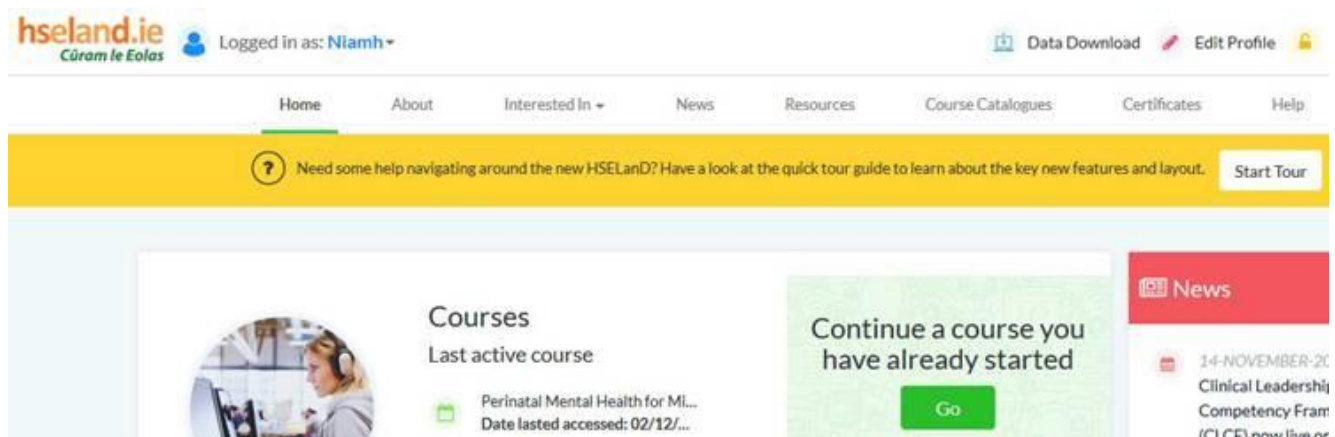
For directions to the Mercy Hospital, please go to www.muh.ie on the right hand side under "quick links" go to "get directions". The Centre of Nurse Education is on Henry Street, left hand side (glass fronted 3 storey building, see image on the cover of prospectus)

The Application Process

Course places are available to registered nurses and healthcare personnel in the public and private health care systems and voluntary sector

Participants are able to enrol on available courses through HSEland by following the below steps;

1. Login to <https://www.hseland.ie>
2. Register/edit your profile (top right hand corner, see box below)
3. Click on 'Course Catalogues' (one of the headings, see below)



4. Scroll down and click on 'ONMSD' (see box below)



5. Click on 'Centre of Nurse Education, Mercy University Hospital, Cork'
6. Click on your place of work
7. Click on the course you wish to attend from the list of courses
8. Choose the date you wish to attend and click 'Enrol'
9. Provide the information requested
10. Please allow a few days for application approval. Please check your spam folder if approval is delayed.

What happens if a course is deferred?

A course will be postponed if the minimum number of attendees has not been reached. This will take effect one week before commencement date of programme. Every effort will be made to ensure a programme continues but if unforeseen circumstances occur (eg in unprecedented weather conditions) courses may be subject to cancellation at very short notice. **All programmes will automatically be cancelled without notice in a RED ALERT.** Each attendee will be contacted as soon as feasible of the cancellation by the Centre of Nurse Education at the telephone number listed on the application form.

Fees

Registered Nurses working in the Private Sector are welcome to access programmes advertised within this brochure for a fee, please contact Lorna Paterson.

Parking

Parking options

Option 1:

St. Finbarr's Car Park, Wandesford Quay (the bridge before the River Lee Hotel bridge) (Open 24 hrs)
Tel: 4975265

Option 2:

Street parking -1 hour limit. You can buy a parking disc in the Mercy University Hospital shop which is located on the 2nd floor of the hospital.

Option 3:

Check <http://www.cork.ie/gettinghereandaround/citycarparks/>

Note:

Rates and opening times are correct at the time of printing; they may be subject to change

DISCLAIMER for the PROVISION of EDUCATION/TRAINING by the MUH CNE

Attendance and/or participation in continuous education programmes which are provided by, or on behalf of the CNE are subject to the following terms and conditions:

Continuous Education Programmes are developed solely for the purposes of the CNE's requirements in the interests of protecting and improving the health of the public in respect of the knowledge and training of nurses and other employees of a healthcare provider who are engaged in a healthcare environment (whether public and/or private).

In light of these purposes, programmes are intended to provide educational information to aid and augment an understanding of the theoretical subject matter presented and/or the practical application of certain skills and competencies.

It is the individual responsibility of each practitioner to assess and maintain his/her own competence in respect of any situation and to assess the limitations of his/her competence. Programmes are not intended to affect, interfere with or limit a person's individual responsibility to practice safely and effectively within his/her scope of practice and in accordance with any local policies, guidelines and/or protocols which may exist.

The CNE shall have no liability, whether in (a)contract, (b)tort, (c)statute or (d)otherwise, for any injury, loss, damage or claim arising out of, or in connection with, any person's attendance and/or participation in programmes including but not limited to the subject matter thereof and/or arising out of the use of any handbooks, guidance notes, other documentation, oral presentations/demonstrations, web-based learning tools or any other instruction or materials provided as part of this course (the "Materials"), howsoever arising.

Any Materials provided by the CNE as part of this programme are provided for information and guidance purposes only. The CNE makes no representation, assurance, warranty or guarantee of any kind whatsoever in relation to the Materials. The provision of the Materials is without prejudice to the obligation of persons attending and/or participating programmes to continually develop themselves as professionals, where applicable.

These terms and conditions are without prejudice to the operation of the Clinical Indemnity Scheme and the professional responsibilities of any persons attending and/or participating in this programme.

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Adult Peripheral Intravenous Cannulation Programme

Aim: The aim of this national programme is to enhance the knowledge and skills of registered nurses in relation to the theory and practice of intravenous (IV) Cannulation in adults.

Content: A blended learning approach is taken. The theoretical component can be accessed by registered nurses online via the HSE e-learning website www.hseland.ie and the practical components are delivered via the supervised practice workshops in the Centre of Nurse Education.

Intended Learning Outcomes:

On completion of the programme participants will be able to:

- Discuss the Scope of Nursing and Midwifery Practice Framework (NMBI 2020) as it pertains to the role of the nurse in the practice of adult IV cannulation.
- Discuss the theory and key skills pertaining to IV cannulation in adults.
- Discuss the importance of infection control measures in the practice of IV cannulation.
- Demonstrate and maintain competence in the skills pertaining to adult IV cannulation post skills demonstration and practice in the classroom setting and supervised assessment in the clinical setting.

Accreditation: 3 CEUs

No of Places: 8

Target Audience: Registered nurses working in the health service.

Facilitators: Centre of Nurse Education teaching staff

Participant Pre-requisites:

- Hand Hygiene Training must be completed within the last 2 years.
- Completed a full Medication Course (including IV Medication Training) and a refresher course every 2 years.
- A policy in the Organisation to support the Registered Nurse in the practice of Adult Peripheral Intravenous Cannulation
- A clinical assessor nominated by the organisation to supervise and support the participant to complete the clinical competency assessment.
- Participants are to access and complete the theoretical component of the Adult IV Cannulation Programme via www.hseland.ie and complete the online assessment.
- **Copy of successful online assessment grade is to be presented by the participant to Lecturer on arrival at the Centre of Nurse Education .**
- **Complete and return Clinical Competency form to the CNE within 12 weeks of completion of the programme**
- Failure to return completed competency form to the Centre of Nurse Education within 12 weeks of completion of the programme will require the learner to repeat the component of the Adult Peripheral Intravenous Cannulation programme via www.hseland.ie, complete the online assessment, undertake again the practical component in the CNE and repeat supervised practice within the participant's organisation again.

Date	Venue	Time	Duration
5 th March 2024	Centre of Nurse Education, 34 Henry Street, Cork	10—1pm	3 Hours

*Programme Application is via Classroom Management System on www.hseland.ie

Adult Venepuncture

Aim:

The aim of the workshop is to enhance the knowledge and skills of registered nurses in relation to the theory and practice of Adult Venepuncture.

Content:

A blended learning approach whereby the theoretical component can be accessed by registered nurses online via the HSE e-learning website www.hseland.ie and the practical components are delivered via the supervised practice workshops in the CNE.

Intended Learning Outcomes:

On completion of the programme the participants will:

- Discuss the Scope of Nursing and Midwifery Practice Framework (NMBI 2020) as it pertains to the role of the registered nurse and the practice of adult venepuncture
- Discuss the theory and key skills pertaining to adult venepuncture
- Discuss the importance of infection control measures in the practice of adult venepuncture
- Demonstrate competence in the skills pertaining to adult venepuncture on return to their work settings, following skills demonstration and supervised practice
- Understand the potential complications of adult venepuncture and manage effectively.

Accreditation:

NMBI 3 CEUs

No of Places Available:

12

Target Audience:

Registered Nurses working in the Irish Health Service registered with NMBI

Facilitators:

Teaching Staff of the Centre of Nurse Education, Mercy University Hospital, Cork

Pre-requisites:

- Current Policy in place in the employee's organisation to support the Registered Nurse in the procedure of Adult Venepuncture
- A clinical assessor nominated by the organisation in advance of attendance at programme to support and mentor the participant to complete the competency assessment.
- Participants are to access and complete the theoretical component of the Adult Venepuncture Programme via www.hseland.ie and complete the online assessment.
- Each participant needs to pass the online assessment in advance on HSEland in order apply and to undertake the practical component of the programme in the Centre of Nurse Education
- Copy of online assessment result/grade is to be presented by the participant to the Programme Facilitator on arrival at the Centre of Nurse Education
- Participants who do not present the assessment result/grade cannot undertake the practical component of the Venepuncture Programme
- This programme is designed only for Registered Nurses with the Nursing and Midwifery Board of Ireland (on the live register)
- Hand Hygiene Training must be completed within the last 2 years.

- **Complete and return Competency of Skill form to the Centre of Nurse Education within 12 weeks of completion of the programme.**
- *Failure to return completed competency form to the Centre of Nurse Education within 12 weeks of completion of the programme will require the learner to repeat the component of the Adult Venepuncture Programme via www.hseland.ie, complete the online assessment, undertake again the practical component in the CNE and repeat supervised practice within the participant's organisation again.
- All sections competency form must be completed by the participant and nominated supervisor.

Date	Venue	Time	Duration
29 th January 2024	Centre of Nurse Education, 34 Henry Street, Cork	10am – 1pm	3 hours
4 th March 2024		10am-1pm	3 hours
14 th May 2024		10am – 1pm	3 hours
4 th June 2024		10am – 1pm	3 hours

*Programme Application is via Classroom Management System on www.hseland.ie

Anaphylaxis Training for Healthcare Professionals

Aim:

To prepare healthcare professionals to correctly recognize and effectively manage patients who develop an anaphylactic reaction.

Prerequisites:

The Anaphylaxis Programme is available on HSEland. Staff wishing to complete this course for the first time must complete the on-line version first. Then within 3 weeks of completion they should complete the one and a half hours skills component of this course at their local Centre of Nurse Education (CNE). They should book their skills component of this course first in the CNE via HSEland to ensure they can be offered a place within 3 weeks of completing the on-line component.

Participants must have completed a BLS Programme for Healthcare Providers within the past 2 years. If you require a refresher course on BLS in advance of attending for Anaphylaxis programme please view BLS programme availability on Classroom management System on HSEland

Workshop (2 hours)

- Anaphylaxis Quiz (Pre-Workshop)
- Preparing and drawing up 1st line medications
- Case management scenarios of adult, child and infant who develop an allergic reaction/anaphylactic reaction.

Intended Learning Outcomes:

On completion of the programme the participants will:

1. Differentiate between severe allergic reaction and anaphylaxis
2. Discuss the management of the care of infants, children and adults with anaphylaxis
3. Demonstrate the calculations and preparation of appropriate drugs under current medication protocol
4. Discuss current RCPI National Immunisation Guidelines and other current evidence for the management of Anaphylaxis
5. Be knowledgeable of national guidelines for the management of Anaphylaxis

Accreditation:

NMBI 3 CEU's

NB: The online HSEland programme should be completed as a refresher every 2 years.

No of Places:

Please see Classroom Management System on HSEland for programme availability

Target Audience:

Registered Nurses working in the public, voluntary and private sector

Facilitators:

Teaching staff at the Centre of Nurse Education, Mercy University Hospital, Cork

Date	Venue	Time	Duration
27 th February	Centre of Nurse	11.45am – 1.45pm	2 hours
16 th May	Education	11.45am – 1.45pm	2 hours

***Programme Application** is via Classroom Management System on www.hseland.ie

Basic Life Support for Healthcare Providers (BLS)

Aim:

To teach the principles and techniques of Basic Life Support for Adults, Children and Infants

Content:

Introduction:

- 2020 AHA BLS Guidelines
- Adult BLS skills
- Use of Automated External Defibrillator
- Child BLS skills
- Infant BLS skills
- Adult, Child and Infant foreign body airway obstruction
- Management of victims of stroke and heart attack

Intended Learning Outcomes:

On completion of the programme the participants will:

- Discuss 2020 AHA guidelines for CPR and emergency cardiovascular care
- Initiate the chain of survival with emphasis on team management
- Perform prompt, high-quality CPR and safe use of an AED in a cardiac arrest situation (adult/child/infant)
- Perform rescue breathing for patients who develop respiratory arrest (adult/child/infant)
- Manage the choking of an adult, child or infant.
- Recognise victims of stroke/heart attack and seek appropriate help.

Accreditation:

Irish Heart Foundation (ecards)

No of Places:

6 attendees per programme

Target Audience:

Nurses from all disciplines working in the public, voluntary and private sector

Facilitators:

Staff of the Centre of Nurse Education, Mercy University Hospital, Cork

Date	Venue	Time	Duration
8 th January	Centre of Nurse Education, 34 Henry Street, Cork	All courses run from 9am – 2pm	5 hours
9 th January			
24 th January			
25 th January			
12 th February			
14 th February			
20 th February			
22 nd February			
12 th March			
14 th March			
24 th April			

25 th April			
29 th April			
1 st May			
2 nd May			
11 th June			
13 th June			
19 th June			
20 th June			

*Programme Application is via Classroom Management System on www.hseland.ie

Catheterisation -Supra-Pubic Catheter Change (Adults) Programme

Day 1- Supra-pubic catheter change theory session held via virtual session online

Day 2- Supra-pubic catheter change workshop held in the Centre of Nurse Education

Aim:

The aim of the course is to enhance the knowledge and skills of registered Nurses in relation to the theory and practice of supra pubic catheterisation and enable the nurse practice competently.

Content:

- Standard precautions and appropriate PPE (Covid 19)
- Aseptic Technique
- Best practice in Supra Pubic Catheter Care
- Theory and practice of Supra Pubic Catheterisation
- Catheter-associated Urinary Tract Infection (CAUTI) Bundle of Care
- Supervised Practice Workshop

Intended Learning Outcomes: *On completion of the programme the participants will:*

- Demonstrate an understanding of the Scope of Nursing and Midwifery Practice Framework (NMBI 2020) as it pertains to the role of the registered Nurse and the procedure of Supra-Pubic Catheterisation
- Understand the theory and key skills pertaining to Supra-Pubic Catheter change and management of care
- Understand the importance of infection prevention and control in the procedure of Supra-Pubic Catheter care
- Apply Catheter Associated Urinary Tract Infection (CAUTI) Bundle of Care
- Understand the potential complications of Supra-pubic catheter change and management of care
- Develop competence in the skills pertaining to Supra-pubic catheter care and catheter change (on return to their work settings), following skills demonstration and supervised practice

Prerequisites:

Enrolment is not permitted unless you have taken all the modules/programmes listed below:

- ANTT Aseptic Non-Touch Technique
- Hand Hygiene for HSE Clinical Staff
- Donning & Doffing of PPE in community healthcare settings
- Introduction to Infection Prevention and Control

Attendees are required to complete pre course reading including:

- Code of Professional Conduct and Ethics for Registered Nurses and Registered Midwives (2021)
- Scope of Nursing & Midwifery Practice Framework (2020)

Assessment:

- There will be a knowledge assessment of course content at the end Day 1 of this programme
- Supervised practical skill assessment will be completed on Day 2 with feedback to participants
- Participants must submit completed competency assessment document within 6 months of course dates to the Centre of Nurse Education in order to receive certificate of programme completion
 - *Failure to return completed competency form to the Centre of Nurse Education within 6 months of completion of the programme will require the learner to repeat both the online component

and practical component in the Centre of Nurse Education and repeat supervised practice within the participant's organisation again.

Accreditation: Category 1 Approval, 7 CEU's

No of Places: 12

Target Audience:

Registered Nurses caring for patients with supra pubic catheter in situ, supported by organisation's evidence based policy in place.

Facilitators: Centre of the Nurse Education Mercy University Hospital teaching Staff

Date	Venue	Time	Duration
9 th January (Theory)	Virtual	9am – 2pm	5 Hours
January 17 th <u>or</u> 18 th (Workshop)	Centre of Nurse Education, 34 Henry Street, Cork	9.30am – 12.30pm	3 Hours
28 th May (Theory)	Virtual	9am – 2pm	5 Hours
June 5 th <u>or</u> 6 th	Centre of Nurse Education, 34 Henry Street, Cork	9.30am – 12.30pm	3 Hours

*Programme Application is via Classroom Management System on www.hseland.ie

Catheterisation- Urethral catheterisation in Females / Males (Adults) Programme

Aim:

The aim of the course is to enhance the knowledge and skills of registered Nurses in relation to the theory and practice of adult male and female urethral catheterisation and enable the nurse practice competently.

Content:

Day 1 Theory

- NMBI Professional Guidelines including Code of Professional Conduct (2021) & Scope of Nursing & Midwifery Practice (2020).
- Revision of the anatomy and physiology of the adult female and male genito-urinary tract
- Indications, contra-indications and complications of adult male and female urethral urinary catheterisation
- Infection control and prevention in the practice of adult male and female urethral urinary catheterisation
- Evidence based knowledge and skill of adult male and female urethral urinary catheterisation.

Day 2: Practical

- Practical Workshop on adult male and female urethral urinary catheterisation: Skills demonstration and supervised skills practice for each participant.
- Knowledge assessment
- Discussion on the Skills competency form for work settings
- Evaluation

Intended Learning Outcomes:

On completion of the programme the participants will:

1. Demonstrate an understanding of the Scope of Nursing and Midwifery Practice Framework (NMBI 2020) as it pertains to the role of the Registered Nurse and the procedure of adult male and female urinary catheterisation.
2. Understand the theory and key skills pertaining to the procedure of adult male and female urethral Catheterisation
3. Understand the importance of infection prevention and control in the procedure of adult male and female urethral catheterisation.
4. Develop competence in the skills pertaining to male and female urethral catheterisation on return to their work settings, following skills demonstration and supervised practice
5. Understand the potential complications of male and female urethral catheterisation and manage risk effectively.

Accreditation: NMBI Category 1, 8 CEUs

No of Places Available:

12

Target Audience:

Registered Nurses caring for adult male and female patients with urethral catheter in situ, supported by organisation's evidence-based policy in place.

Facilitators:

Centre of the Nurse Education Mercy University Hospital teaching Staff

Pre-requisites:**Participant:**

- Current Registration with Nursing and Midwifery Board of Ireland
- Revision of the anatomy and physiology of the urinary system
- HSEland ANTT course
- HSEland Hand Hygiene up to date

Organisation:

- Evidence based practice guidelines/policy in relation to catheterisation must be in place to support the registered nurse.
- Clinical supervisor is nominated to supervise practice and complete competency assessment.

Assessment:

- There will be a knowledge assessment of course content at the end of this programme
- Practice of skills with supervision and feedback to participants

Date	Venue	Time	Duration
14 th March (Theory)	Virtual	9am – 2pm	5 Hours
March 20 th <u>or</u> 21st (Workshop)	Centre of Nurse Education, 34 Henry Street, Cork	9.30am – 1.30pm	4 Hours

*Programme Application is via Classroom Management System on www.hseland.ie

Clinical Leadership Programme for Staff Nurses

Aim: The aim of this programme is to facilitate participants develop leadership knowledge and skills. Clinical leadership for nurses and midwives is concerned with demonstrating clinical excellence, supporting, and guiding colleagues and championing the distinct and equal contribution of nursing and or midwifery within multidisciplinary contexts.

This two-day clinical leadership development programme offers staff nurses and staff midwives a clinical leadership foundation programme. A blended learning approach supports interactive online engagement and self-directed reflective learning using a programme workbook. Facilitators guide participants to engage in group discussions, thereby providing opportunities for shared learning and collaboration.

Content:

Definitions of clinical leadership. Introduction to and discussion of Clinical Leadership Competency Framework (CLCF) and Digital Healthcare. Clinical Leadership Competency Framework (CLCF) consists of seven clinical leadership competencies: self-awareness; communication, decision making, empowerment, quality and safety, advocacy and teamwork. Nurses will be enabled to assess their leadership strengths and development needs and will be supported to record their learning using the digital professional plan.

Intended Learning Outcomes: Participants will:

- Understand the importance of self-awareness in clinical leadership.
- Explore core values that may impact on clinical leadership.
- Demonstrate personal effectiveness through communication.
- Build confidence by cultivating empowerment and advocacy.
- Understand the importance of decision making to promote quality improvement.
- Explore the impact of teamwork on patient care.
- Recognise the importance of self-care as a clinical leader.

Accreditation: NMBI CEUs 14.

No of Places: Minimum 10 and maximum 25

Target Audience: Registered Nurses working in Acute care, continuing care, community care, and intellectual disability services.

Facilitators: Elizabeth Myers, Specialist Co Ordinator, Nurse Tutor, MUH CNE, Siobhan Buckley, Nurse tutor, MUH CNE.

Date	Venue	Time	Duration
Day 1: 10 th April Day 2: 23 rd April	Centre of Nurse Education, 34 Henry Street, Cork	9am – 5pm	16 hours

*Programme Application is via Classroom Management System on www.hseland.ie

Continence management of the child and young person (National programme)

Aim: The aim of this national programme is to enhance healthcare professionals' understanding of continence assessment and promotion in children and young people, using current evidence base.

Content: The education programme comprises eight sessions which include PowerPoint presentations, group discussions, reflections, video clip, and case studies workshop. This education provides healthcare professionals with an understanding of continence in children and young people, thereby supporting earlier recognition of delayed toilet training and improving outcomes for children, young people and their families.

Intended Learning Outcomes:

- To develop an understanding of a whole-family approach to continence promotion in the child or young person
- To understand the principles of assessment for toilet training readiness and continence management
- To explore the management of continence in children and young people who have additional needs.
- To discuss and explore the common bowel and urinary problems in children, such as constipation, soiling and enuresis
- To apply appropriate pathways for continence assessment, management and referral.

Accreditation: 7 CEU's

No of Places: 30

Target Audience: Healthcare professionals, in particular registered Nurses involved in continence assessment and promotion in children or young people.

Facilitators: Teaching Staff of the Centre of Nurse Education, Mercy University Hospital, Cork

Date	Venue	Time	Duration
20 th June 2024	Centre of Nurse Education, 34 Henry Street, Cork	08:50-16:30	7.5 hrs

*Programme Application is via Classroom Management System on www.hseland.ie

Ear Care programme

Aim:

Registered Nurses will apply the evidenced based knowledge and skill as it pertains to Adult Ear Care Management into their Nursing Practice

Content:

- Anatomy and physiology of the ear,
- Causes of common ear problems, the role of cerumen,
- Aural and risk assessment and use of otoscope,
- Practice of ear irrigation,
- Special precautions pre, peri and post procedure,
- Advice given to client

Programme Delivery

The programme is designed for facilitation as either classroom based or blended learning programme. This is a co-facilitated programme with CNE Educator and Clinical Practitioner competent in ear exam and ear irrigation.

Part 1 Consists of theory delivery classroom/on-line education platform e.g. Webex Events or Microsoft Teams.

Part 2 Is a skills-based workshop hosted in the Centre of Nurse Education.

Intended Learning Outcomes:

On completion of the programme the participants will:

- Confidently advise patients about ear hygiene and preventable measures in management of ear wax.
- Critically evaluate the current methods used for ear wax removal and reflect on the most appropriate method for individual patient centred care.
- Appreciate the nurses' accountability in undertaking patient ear examination and irrigation in their clinical setting.
- Demonstrate competence in completing ear assessment and irrigation documentation.
- Have better understanding of the issues faced by individuals whose hearing is affected and the resources and agencies that are available to them.
- Demonstrate safe and proficient technique for ear examination with otoscopy and the removal of impacted ear wax while appraising their own practice!
- Outline the special care precautions pre, peri and post ear irrigation procedure.
- Discuss the information/advice given to the Individual following ear irrigation procedure and preventive measures regarding cerumen formation!

Participants must submit completed competency assessment document within 3 months of course dates to the Centre of Nurse Education in order to receive certificate of programme completion.

Accreditation:

Category 1: NMBI 5 CEUs

No of Places Available:

12 Places

Target Audience:

Registered Nurses working in Public, Voluntary and Private healthcare settings.

Facilitators:

Ms Elizabeth Myers, Nurse Tutor/Specialist Co-ordinator, CNE MUH

Date	Venue	Time	Duration
2 nd May 2024	Centre of Nurse Education, 34 Henry Street, Cork	9am – 5pm	One Day

*Programme Application is via Classroom Management System on www.hseland.ie

Enhancing and Enabling Well-Being for the Person with Dementia

National Programme

Aim:

To provide participants with a foundation to improve the well-being of the person with dementia.

Content:

- Overview of Dementia
- Ageing & Memory
- Dementia and Human Rights
- Delirium and Issues arising
- Nutrition and Dementia
- Creating a dementia friendly environment
- Person centred communication in dementia care
- Supporting the person living with dementia experiencing non cognitive symptoms
- Person Centred Care
- Palliative Care and the person with Dementia

Intended Learning Outcomes:

On completion of the programme the participants will:

- Describe the normal ageing process
- Describe dementia
- Explain the impact the progression of dementia has on a person and their families
- Recognise the impact the environment has on the person with a dementia and their carers
- Discuss person-centred care
- Enhance quality of life for the person with dementia
- Identify the main principles of communicating with the person with dementia
- Identify and respond to changes in behavior creatively

Accreditation:

NMBI 12.5 CEU's

No of Places Available:

21 Places

Target Audience:

All Healthcare staff from Community Hospitals in Cork who will be expected to undertake relevant work-based activities during the programme

Facilitators:

Staff of the Centre of Nurse Education, Mercy University Hospital and invited guest speakers.

Date	Venue	Time	
Day 1: 8 th May 2024	Centre of Nurse Education, 34 Henry Street, Cork	8.30am – 5pm	
Day 2: 21 st May 2024		9am – 5pm	

Enteral Feeding and Tube Management

Aim: To provide education and training on enteral feeding and tube management

Content:

Day 1 Theory

- Overview of enteral feeding, acute and community perspectives
- Gastrostomy tube types and their management
- Infection Control Considerations
- Administration of Medications via enteral tubes
- Procurement of Enteral Tubes/Ancillaries for Patients
- Enteral Feeding Tubes

Day 2 Practical Workshop

- Tube Types and Trouble Shooting
- Accidental Tube Removal
- Aspiration and PH Testing
- Feed Types

Intended Learning Outcomes:

At the end of this programme attendees will:

- List indications for enteral feeding
- Identify types of enteral feeding tubes and delivery methods
- Be able to assess enteral feeding site
- Recognise complications associated with enteral feeding and treat as appropriate
- Adhere to appropriate Infection Prevention and Control guidelines
- Understand procurement process
- Adhere to medication management guidelines, identify drug and enteral feed interactions, how to administer medications enterally and identify suitable medication formulations for administration

Accreditation: Category 1 Approval, 9 CEU's

No of Places: 20

Target Audience: Registered Nurses and Dieticians

Facilitators: Nurse Tutors, Clinical Nurse Specialists, Pharmacist, Clinical Advisor, Dietician, Assistant Director of Public Health Nursing, Infection Prevention and Control Assistant Director of Nursing

Date	Venue	Time	Duration
25 th January(theory)	Centre of Nurse Education, 34 Henry Street, Cork	09.45 – 15.00pm	5 hours 15min
30 th January (workshop)		10.00am – 15.00pm	5 hours

Intramuscular Injection Technique

Aim: The aim of the course is to enhance the knowledge and skills of Registered Nurses in relation to the theory and practice of intramuscular injection.

* To assist Learners, the Intramuscular Injection technique programme will be facilitated back-to-back with most of our Anaphylaxis programmes if you wish to attend both programmes on the same day. Application for both programmes is required if you wish to attend both.

This programme may be of benefit to nurses who are preparing as vaccinators.

Content:

- Relevant national and local guidelines relevant to IM Injections
- Revision of the anatomy and physiology of sites for intramuscular injections.
- Indications and complications of administration of medication via the intramuscular route.
- Evidence based knowledge and skills in administration of medication via the intramuscular route
- Practical workshop on administration of medication via the intramuscular route: Skills demonstration and supervised skills practice for each participant.

Intended Learning Outcomes:

At the end of this programme the participant should be able to:

- Discuss the context of administering intramuscular injections and associated benefits and potential risks.
- Discuss best practice in the administration of intramuscular injections.
- Demonstrate competence in the administration of intramuscular injections in the workplace setting.
- Safely and effectively manage patients who require administration of intramuscular injections in accordance with their own scope of practice and local practice guidelines

Accreditation: Category 1 approval NMBI, 2 CEU's

No of Places: See Classroom Management System on HSELand for availability

Target Audience:

Registered Nurses caring for Adult Patients requiring administration of medication via the intramuscular route, supported by organisation's evidence-based policy in place.

Facilitators: Staff of the Centre of Nurse Education, Mercy University Hospital

Date	Venue	Time	Duration
27 th February 2024 16 th May 2024	Centre of Nurse Education, Cork	9-11am	2hours

*Programme Application is via Classroom Management System on www.hseland.ie

Medication Management

Aim: To discuss Guiding Principles of Medication Management for Registered Nurses

Content: Principles of Medication Management as per Guidance for Registered Nurses and Midwives on Medication Administration (2020) Nursing & Midwifery Board of Ireland (NMBI)

Intended Learning Outcomes:

- Discuss the Guiding Principles of Medication Management as outlined by the Nursing and Midwifery Board of Ireland (NMBI) (2020)
- Demonstrate knowledge and understanding of the Guiding Principles of Medication Management in a safe, effective and ethical way (NMBI, 2020)
- The nurse will understand their roles, responsibilities and accountability in relation to the administration of medication to patients across care settings.
- Discuss Scope of Nursing & Midwifery Practice (NMBI, 2020) and Code of Professional Conduct and Ethics (NMBI, 2021) in relation to medication administration.
- Discuss the relevant legislation and professional guidance to support the nurse in medication administration.
- Discuss the healthcare providers' responsibility to ensure relevant PPPGs are in place to support and guide the nurse in practice.

Accreditation: Category 1 Approval NMBI; 4 CEU's

No of Places 16

Target Audience: Registered Nurses

Facilitators: Staff of the Centre of Nurse Education, Mercy University Hospital

Date	Venue	Time	Duration
TBC	Centre of Nurse Education, 34 Henry Street, Cork	0900-13.00	4 hours

*Programme Application is via Classroom Management System on www.hseland.ie

Management of neurogenic bowel dysfunction for individuals with spinal cord injury

Aim:

The aim of this course is to provide Registered Nurses with the theoretical knowledge required for the practical management of individuals with Neurogenic Bowel Dysfunction (NBD)

Intended Learning Outcomes:

Following this programme, the nurse will be able to:

- Outline the options for individual management of neurogenic bowel
- List the aims of a bowel care programme
- Outline the complications of bowel care and how these can be treated
- Provide an individual bowel care programme for the SCI population, taking in to account any complications that may occur.

Please note attendees will require an identified competent Nurse/ Continence Adviser to complete their clinical competency post this theoretical programme

Accreditation: NMBI category 1 approval - 6 CEUs

No of Places: 12

Target Audience: Community RGNs, PHNs and Acute Nurses working with individuals with neurogenic bowel dysfunction, requiring bowel care.

Facilitators: Nurse Tutor and External Facilitators

Date	Venue	Time	Duration
14 th February 2024	Centre of Nurse Education, 34 Henry Street, Cork	08:30-14:30	6 hours

*Programme Application is via Classroom Management System on www.hseland.ie

National Facilitator Education Programme

Aim

The aim of this national programme with the National Clinical Leadership Centre for Nursing & Midwifery (NCLC) is to equip participants with the knowledge, skills, competence, confidence and attitude to facilitate other individuals attending an education session/ programme. The programme is delivered over two 6-hour days to enable participants to practice and reflect on their learning between each session.

Content:

Facilitation, Managing Environmental & Behavioural Challenges in Groups, the 7 Ps Reflection on Facilitation Session, Active Learning Strategies, Co-Facilitation, design a Facilitation Session, Facilitating Education on-line – Part 1 Reflection, Facilitating Education on-line – Part 2. The programme supports interactive online/in-person engagement and self-directed learning using a programme workbook. Facilitators guide participants to engage in group discussions, using breakout rooms/discussion groups to develop participants' clinical facilitation skills whether they are supporting the learning of colleagues or service users. Participants are provided with programme resources to support the development of their clinical facilitation knowledge and skills.

Intended Learning Outcomes:

- Define facilitation and describe the key skills necessary to be an effective facilitator.
- Learn how to utilise multiple available educational resources.
- Critically discuss complementary learning activities
- Understand how to use IT to support facilitation.
- Critically appraise group dynamics and manage diverse participant behaviour
- Reflect upon, give and receive feedback effectively.
- Identify the strengths and challenges associated with co- facilitation.
- Evaluate adult learning including how people learn, factors that enable and inhibit learning, learning styles and multiple intelligence.

No of Places:

12

Target Audience:

This programme is intended for nurses and health professionals who facilitate education at individual or group level.

Recommended Reading

Office of Nursing and Midwifery Services Directorate, HSE (2016) Facilitating Learning in Groups: A Resource Manual for Facilitators Working in Health and Social Care. Dublin.

Facilitators:

Date	Venue	Time	Duration
TBC	Centre of Nurse Education, 34 Henry Street, Cork	6-hours per day	2-day programme

National Frailty Education Programme Workshop

Aim:

The programme aims to provide healthcare professionals with an enhanced understanding of frailty and frailty assessments, thereby ensuring earlier recognition of frailty, improved healthcare management and better health outcomes for frail older adults.

Content: Includes assessment of frailty syndromes, frailty, falls, immobility, delirium, cognitive impairment, comprehensive geriatric assessment, continence, nutrition and polypharmacy.

Intended Learning Outcomes include:

- Have improved understanding and knowledge of the concept of frailty
- Have enhanced skills and knowledge in identifying the frail older adult
- Understand the need for Comprehensive Geriatric Assessment and how it improves outcomes for frail older adults.

Accreditation: Category 1 approval NMBI, 20 CEU's

No of Places: 20

Pre-requisites:

Participants:

1. Current Registration with Nursing and Midwifery Board of Ireland, NMBI or regulatory organisation depending on profession.
2. The National Frailty Education Programme is available on HSEland as an e-learning programme. Completion of 7 modules of National Frailty Education programme in advance of attending workshop is mandatory before registration for workshop.

Date	Venue		Time	Duration
7 th March 2024	Centre of Nurse Education, 34 Henry Street, Cork		10.00-13.30	3.5 hours

Target Audience: Nurses from all disciplines working in the public, voluntary and private sector and all members of the multidisciplinary team.

National Induction Programme for Overseas Staff Nurses working in care of the Older Person settings.

Aim -This course is for recently appointed overseas nurses who work in Older Person Services (OPS) settings. This 5-day programme was created to assist and support the new overseas nurse to adapt further into the Irish health care system in terms of delivering care provision, patient wellbeing and family support for older persons. Furthermore, insight and essential information will be provided regarding the Irish health system, our regulatory body, personal rights and employment benefit.

Content: This 5-day course will support the newly appointed overseas nurse, demonstrating research-based care strategies for the older person, focusing on topics such as person-centered care, feeding, frailty and communication challenges in Ireland. Additionally, important issues will be addressed that may personally impinge on a healthcare provider who is new into the Irish system such as pensions, HR structure, employment rights and salaries. The course will be a blend of online content, workshops, HSELand activity and interactive lectures.

Intended Learning Outcomes:

- Supporting overseas nurses who have recently commenced nursing employment here in Ireland with OPS.
- Provide the older person and their families achieve optimum health, independence, or a peaceful death in a professional caring manner.
- Demonstrate a knowledge base and a level of competence in clinical practice skills essential for older adult care through workshops, self-directed learning and theory-based learning.
- Learn about the Irish health system, the culture and values of the country in order to provide optimum care and support to the older person and their families.
- Have greater insight regarding your own personal rights and entitlements working in healthcare in Ireland.

Accreditation: NMBI 35 CEU's

No of Places: 20

Target Audience: Overseas nurses newly recruited working in Residential Care Facilities for the Older Person.

NB- *It is essential to have an active up to date HSELand account for self-directed content.*

Facilitator Lead: Siobhan Buckley- Nurse Tutor. Email- sbuckley@muh.ie

Date	Venue	Time	Duration
27 th – 31 st May- 2024.	Centre of Nurse Education, 34 Henry Street, Cork	9.00-17.00hrs. (virtual elements on timetable TBC).	5-day programme

Ophthalmology Programme

Aim

To gain knowledge and understanding of Ophthalmology Nursing (acute triage, emergency and surgical components).

Intended Learning Outcomes:

- To refresh knowledge on clinically applied anatomy and physiology of the cornea, aqueous system, uveal tract and lens.
- To acquire knowledge pertaining standards in relation to nursing practice/management of patients suffering from a range of ophthalmic diseases.
- To develop knowledge of the most recent guidelines on the perioperative challenges of the ophthalmic patient.
- To acquire knowledge and expertise in identifying and treating ophthalmology emergency conditions.
- To learn about the current and effective triage tools and local pathways in ophthalmology care

Accreditation: Category 1 Approval NMBI, 7 CEU's.

No of Places: 30

Target Audience: Nurses working in the Irish Health Service registered with NMBI, caring for patients with ophthalmology conditions (Acute Triage and Surgical).

Facilitators: Teaching Staff of the Centre of Nurse Education, Mercy University Hospital, Cork; Mary O'Mahony, RANP Ophthalmology and Ciara Corbett Candidate ANP Ophthalmology, SIVUH.

Date	Venue	Time	Duration
26 th February 2024	Centre of Nurse Education, 34 Henry Street, Cork	0830-16.00	6hrs

Preceptorship

Aim:

To prepare qualified nurses to undertake the role of Preceptor for undergraduate nursing students.

HSEland have a National Online Preceptorship programme -"Preceptorship in Practice" for all registered nurses and midwives to undertake prior to undertaking the role of preceptor for undergraduate nursing and midwifery students. This programme is also for preceptors who require to refresh their knowledge and skills of their preceptorship role. Once the preceptor has taken this programme, they can attend one of the workshops in the Centers of Nurse Education (CNE's) to meet and engage with other preceptors and discuss experiences of being a preceptor as well as trouble shoot some common issues that arise from time to time.

Pre-requisites: Preceptors can register for the workshops in the CNE and forward their HSEland certificate having completed the "Preceptorship in Practice" programme.

The following are criteria to undertake the preceptorship programme:

A nurse/midwife :

- Must be registered 6 months with NMBI
- They have completed a Nursing Degree or an equivalent programme that includes a module/unit of teaching, learning and assessment.
 - Or
- If they have been a preceptor and require to refresh their knowledge and skills of preceptorship
 - Or
- If they are new to the preceptor role
 - Or
- In order to register self-assesses the need to take the programme.
- A recommendation from NMBI is to undertake regular updates (refresher of online programme / workshops) every 2 -3 years.

The UCC Online preceptorship programme is a resource from March 1st, 2022.

*Preceptorship in practice (on HSEland) must be completed in advance in order to be accepted for a place on the Preceptorship workshop.

Intended Learning Outcomes:

- Discuss the use of Steiner and Bells Experiential Learning Taxonomy as a framework to assess students' expected level of learning
- Review of Competency Assessment Document and resources available
- Identify supports available to staff and students when working as a preceptor

- Be able to structure and complete interviews and assessments with student nurses
- Be able to identify when and how to document feedback on a student's progress

Accreditation: Category 1 Approval NMBI; 2.5 CEU's

No of Places: 25

Target Audience: Registered Nurses

Facilitators: Staff of the Centre of Nurse Education, Mercy University Hospital, Cork

Date	Venue	Time	Duration
28 th March 2024	Virtual	10.00 – 12.30	2.5 Hours
30 th April 2024			
12 th June 2024			

*Programme Application is via Classroom Management System on www.hsland.ie

Respiratory Conference

Aim:

This is a one-day conference for nurses and healthcare professionals working in community settings. The aim is to update attendees on latest respiratory guidelines and services available.

Content:

- Asthma and COPD guidelines
- New services available for people with respiratory illnesses
- Diagnostic testing in relation to respiratory illness
- Long COVID
- Lung cancer
- Practical workshops on inhaler technique, non-invasive ventilation, and O2 in the community

Intended Learning Outcomes:

- Evaluate the GINA and GOLD guidelines and apply these in the care of patients/clients with asthma and COPD.
- Identify the respiratory services and diagnostic testing available.
- Explore various inhalers and demonstrate inhaler technique.
- Observe machines for non-invasive ventilation, apply correct size mask, troubleshoot any problems with the machine and understand support services available in the community.
- Discuss oxygen therapy in community settings, patient education around practical application and safety.

Accreditation:

6 CPD hours awarded in accordance with NMBI guidance

No of Places:

65

Target Audience:

Nurses

Lead Facilitator:

Siobhán Burke, Nurse Tutor, Centre of Nurse Education, MUH

Date	Venue	Time	Duration
31.01.2024	Centre of Nurse Education, 34 Henry Street, Cork	08:45-16:00	7 hours

The Nursing management of the adult with Type 2 diabetes: (Practical workshop programme)

Aim:

This one-day practical workshop is designed to complement the knowledge and skills you have gained following completion of the eLearning modules:

- *The Nursing Management of Adults with Type 2 Diabetes Mellitus* on www.hseLanD.ie, and
- *Diabetic Foot screening and protection* on www.hseLanD.ie;

The aim of this practical workshop programme is to enhance those practical skills necessary to effect the optimum nursing management of the adult with T2DM.

****All participants must present their certificate of completion of the online blended learning programmes to enable enrolment.***

Content:

- Blood glucose monitoring incorporating glucose meters, testing strips, injection devices and delivery, infection prevention and control, patient safety, injectables, injection technique and the management of hypoglycaemia.
- T2DM Medicine Management in given scenarios/Case studies/Care planning; Q & A session
- Motivational Interviewing, integrating the five principles: Behavioural techniques.
- Assessment of the diabetic foot incorporating monofilament assessment, sensation, circulation, structural abnormalities, interventions and referral
- Healthy Eating and the management of T2DM, eating habits, portion sizes, food labelling, meal plans, food diaries. Referral pathways. - (practical session).

Intended Learning Outcomes:

On completion of the programme the participants will:

:

- Through experiential learning and hands-on experience, observe and experience the optimal functioning and use of recommended blood glucose meters, insulin delivery devices and injectables, while promoting safe, quality patient care;
- Demonstrate prompt management of the adult with hypoglycaemia;
- Using role play, promote patient empowerment by utilising motivational interviewing techniques and specific behavioural approaches, positively influencing adults' self-management of their diabetes.
- Demonstrate the importance of nutritional management through engagement in dietary demonstrations, label reading practice, meal planning and determination of portion sizes through problem solving activities and reflective discussion;

- Identify the characteristics of the 'at risk' foot through practical assessment techniques, promoting effective treatment decisions, initiating further investigations, and knowing when to refer to and engage specialist services.
- Engage in medicine management of the adult with diabetes through varied practice-based scenarios and reflective practice.

Accreditation:

Category 1: NMBI 6 CEUs

No of Places Available:

23 Places

Target Audience:

Registered Nurses working in Public, Voluntary and Private healthcare settings

Facilitators:

Ms Elizabeth Myers, Nurse Tutor/Specialist Co-Ordinator, CNE MUH; podiatrist, Dietician, ANP /CNS Diabetes, Health promotion specialist.

Date	Venue	Time	Duration
16 th April 2024	Centre of Nurse Education, 34 Henry Street, Cork	9am – 5pm	Full Day

*Programme Application is via Classroom Management System on www.hseland.ie