



Mercy University Hospital, Centre of Nurse Education

Prospectus Spring 2023



Mission Statement of the Centre of Nurse Education

The Centre of Nurse Education is committed to providing high quality, accessible education. We view education as a shared undertaking with teaching staff as facilitators and learners as active participants in their knowledge development.

Learning is a life-long process which enables individuals to think critically in the appraisal and application of knowledge, skills, and values as these relate to self, others, and the environment. This philosophy guides our values set out below.

- We seek to excel in the field of education ensuring that our programmes are accredited, progressive and empowering.
- We are accountable to our stakeholders through our collaboration, responsiveness and performance. We strive to act at all times with complete integrity and transparency
- Our service is based on an ethos of fairness and quality. Education is equitable, accessible, flexible and measurable.
- We value and respect each person's contribution, through trust, courtesy and collaboration.
- We continuously strive for innovative enhancement to the services we provide working in partnership with stakeholders for the good of the public.

Foreword

It is with pleasure that I welcome you to the Spring 2023 edition of the Prospectus of the Centre of Nurse Education, Mercy University Hospital.

The availability of continuing education programmes has been prioritised in accordance with available resources and service needs. The Centre of Nurse Education produces a prospectus twice yearly, in Spring and Autumn. There are occasions when additional courses/study days are scheduled within the life span of the current Prospectus. In such cases, these will be advertised to relevant stakeholders prior to delivery.

The Centre of Nurse Education works in partnership with Higher Education Institutions, Nurse Midwifery Planning and Development and Nursing Practice Development Units. We seek appropriate validation and accreditation for programmes / units of learning from the relevant awarding bodies and from the Nursing & Midwifery Board of Ireland. All programmes are evaluated by learners and staff of the Centre of Nurse Education and revised as appropriate in partnership with relevant stakeholders.

Please feel free to browse the Prospectus where you will find information pertaining to the continuing professional education programmes offered, including the relevant contact details. I hope the courses on offer facilitate your continuing professional development needs. Our programmes will be delivered in accordance with the latest government and public health guidelines. For the academic term, the Centre of Nurse Education will use a blended learning approach to support the safe delivery of its continuous professional development programmes

Finally, I wish to acknowledge the support of my team and other visiting speakers in the development of this Prospectus. I wish all participants attending the programmes well and I look forward to seeing you in the Centre of Nurse Education, Mercy University Hospital.

Stay safe and well.

Yours sincerely

Ann Cummins

Director of Centre for Nurse Education, Mercy University Hospital

Staff of the CNE

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The Educational Facilities:

The Centre offers the following facilities:

Ground Floor

- 1 Lecture Theatre to accommodate 23 participants, with ICT Connection-LCD Projection. This can also be used for Live Streaming of Conference's from other venues
 - 1 Classroom to accommodate 10 participants, with ICT Connection-LCD (this room can also be divided into 2 separate rooms).
 - Canteen that accommodates up to 13 participants.
- * Seating numbers reduced

First Floor

- Library and Information service

Second Floor

- Training Room with ICT Connection-LCD Projection. This can also be used for practical sessions
 - Training ward with ICT Connection-LCD Projection. This room consists of 2 beds and one trolley and can be adapted for practical sessions
- * Seating numbers reduced

Library and Information Service

Location

1st Floor, Centre of Nurse Education

Opening Hours

8am to 9pm, Monday to Friday

Contact Numbers

Phone: 353 21 4935487

Email: library@muh.ie

Staff

Ms Breeda Herlihy: Librarian

Ms. Mary Whitaker: Library Assistant

Access

The Library services and facilities are available to:

- All MUH staff
- Students on placement at MUH
- Those attending CNE courses

Role of the Library

The Library's role is to support evidence-based clinical practice and the learning, teaching and research needs of the MUH staff and other designated users. It attempts to do this by providing access to:

- A study area with facilities conducive to reading and study and research
- Print and electronic information resources both locally and remotely
- Instruction in library and information seeking skills

Information Resources

Books (Print): The Library has a large collection of books covering most medical, surgical, nursing and allied health subject areas. Other subject areas covered include Philosophy, Ethics, Sociology, Economics, Law, History, Business and Management. The books are on open access and are catalogued according to the Dewey Decimal Classification Scheme.

Journals (Print): In recent years the Library has cancelled many of its print journals subscriptions in favour of subscriptions to the online versions.

Online Journals: The Library provides online full-text access to thousands of journal titles.

Databases: The Library provides access to the main health sciences bibliographic and full-text databases.

Facilities

There is a spacious and well fitted out study area as well as a computer room comprising of 11 PCs. The PCs have full Internet access, the requisite up-to-date software and printing facilities. The Library also provides scanning and photocopying facilities. There is also a group study room with online access.

Services

Borrowing: Library users may borrow 6 books for a maximum period of two weeks.

Document Supply Service: The Library provides a quick and efficient Inter Library Loan/Document Supply Service. Most journal article requests are satisfied within 24 hours.

Information Skills Training: The Library provides training to groups and individuals to help them identify, locate, use and evaluate the information resources needed to support clinical practice, learning, teaching and research.

Links and Partnerships

In the planning, delivery and evaluation of professional development programme's the Centre works collaboratively with:

- Nursing Midwifery Planning and Development Unit (Cork/Kerry)
- Office of the Nursing and Midwifery Services Directorate
- Catherine Mc Auley School of Nursing & Midwifery, University College Cork
- Dublin City University
- Nurse Practice Development Unit, Mercy University Hospital
- Directors and Assistant Directors of Nursing and Public Health Nursing
- Advanced Nurse Practitioners, Clinical Nurse Specialists

Information for course participants

Directions to the Centre of Nurse Education, Mercy University Hospital

Address: 34 Henry Street Cork

Tel: 021 4935184

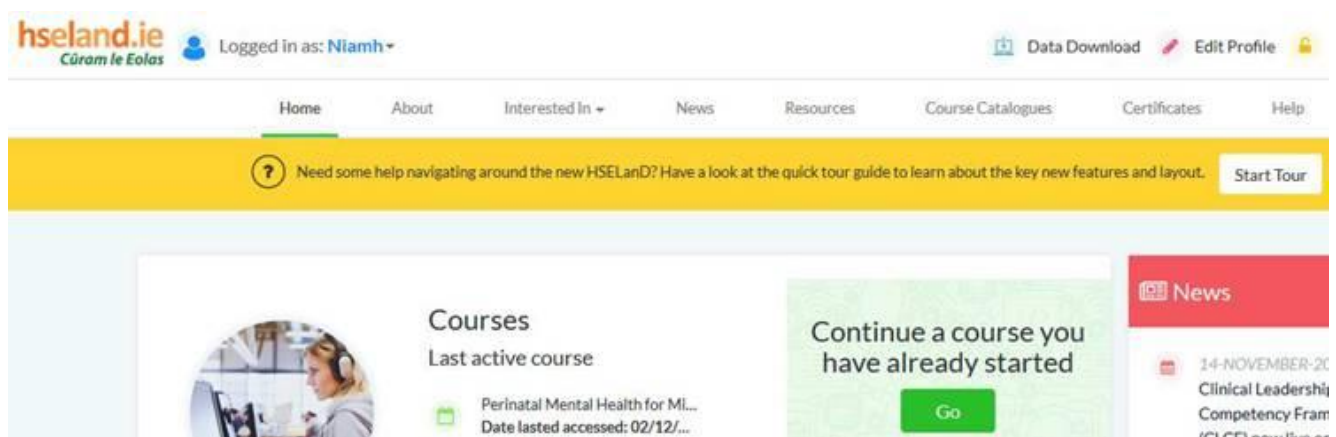
For directions to the Mercy Hospital, please go to www.muh.ie on the right hand side under "quick links" go to "get directions". The Centre of Nurse Education is on Henry Street, left hand side (glass fronted 3 storey building, see image on the cover of prospectus)

The Application Process

Course places are available to registered nurses and healthcare personnel in the public and private health care systems and voluntary sector

Participants are able to enrol on available courses through HSEland by following the below steps;

1. Login to <https://www.hseland.ie>
2. Register/edit your profile (top right hand corner, see box below)
3. Click on ‘Course Catalogues’ (one of the headings, see below)



4. Scroll down and click on ‘ONMSD’ (see box below)



5. Click on ‘Centre of Nurse Education, Mercy University Hospital, Cork’
6. Click on your place of work
7. Click on the course you wish to attend from the list of courses
8. Choose the date you wish to attend and click ‘Enrol’
9. Provide the information requested
10. Please allow a few days for application approval. Please check your spam folder if approval is delayed.

What happens if a course is deferred?

A course will be postponed if the minimum number of attendees has not been reached. This will take effect one week before commencement date of programme. Every effort will be made to ensure a programme continues but if unforeseen circumstances occur (eg in unprecedented weather conditions) courses may be subject to cancellation at very short notice. **All programmes will automatically be cancelled without notice in a RED ALERT.** Each attendee will be contacted as soon as feasible of the cancellation by the Centre of Nurse Education at the telephone number listed on the application form.

Fees

Registered Nurses working in the Private Sector are welcome to access programmes advertised within this brochure for a fee, please contact Lorna Paterson.

Parking

Parking options

Option 1:

St. Finbarr's Car Park, Wandersford Quay (the bridge before the River Lee Hotel bridge) (Open 24 hrs)
Tel: 4975265 –

Option 2:

Street parking -1 hour limit. You can buy a parking disc in the Mercy University Hospital shop which is located on the 2nd floor of the hospital.

Option 3:

Check <http://www.cork.ie/gettinghereandaround/citycarparks/>

Note:

Rates and opening times are correct at the time of printing; they maybe subject to change

DISCLAIMER for the PROVISION of EDUCATION/TRAINING by the MUH CNE

Attendance and/or participation in continuous education programmes which are provided by, or on behalf of the CNE are subject to the following terms and conditions:

Continuous Education Programmes are developed solely for the purposes of the CNE's requirements in the interests of protecting and improving the health of the public in respect of the knowledge and training of nurses and other employees of a healthcare provider who are engaged in a healthcare environment (whether public and/or private).

In light of these purposes, programmes are intended to provide educational information to aid and augment an understanding of the theoretical subject matter presented and/or the practical application of certain skills and competencies.

It is the individual responsibility of each practitioner to assess and maintain his/her own competence in respect of any situation and to assess the limitations of his/her competence. Programmes are not intended to affect, interfere with or limit a person's individual responsibility to practice safely and effectively within his/her scope of practice and in accordance with any local policies, guidelines and/or protocols which may exist.

The CNE shall have no liability, whether in (a)contract, (b)tort, (c)statute or (d)otherwise, for any injury, loss, damage or claim arising out of, or in connection with, any person's attendance and/or participation in programmes including but not limited to the subject matter thereof and/or arising out of the use of any handbooks, guidance notes, other documentation, oral presentations/demonstrations, web-based learning tools or any other instruction or materials provided as part of this course (the "Materials"), howsoever arising.

Any Materials provided by the CNE as part of this programme are provided for information and guidance purposes only. The CNE makes no representation, assurance, warranty or guarantee of any kind whatsoever in relation to the Materials. The provision of the Materials is without prejudice to the obligation of persons attending and/or participating programmes to continually develop themselves as professionals, where applicable.

These terms and conditions are without prejudice to the operation of the Clinical Indemnity Scheme and the professional responsibilities of any persons attending and/or participating in this programme.

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Adult Peripheral Intravenous Cannulation Programme

Aim: The aim of this national programme is to enhance the knowledge and skills of registered nurses in relation to the theory and practice of intravenous (IV) Cannulation in adults.

Content: A blended learning approach is taken. The theoretical component can be accessed by registered nurses online via the HSE e-learning website www.hseland.ie and the practical components are delivered via the supervised practice workshops in the Centre of Nurse Education.

Intended Learning Outcomes:

On completion of the programme participants will be able to:

- Discuss the Scope of Nursing and Midwifery Practice Framework (NMBI 2020) as it pertains to the role of the nurse in the practice of adult IV cannulation.
- Discuss the theory and key skills pertaining to IV cannulation in adults.
- Discuss the importance of infection control measures in the practice of IV cannulation.
- Demonstrate and maintain competence in the skills pertaining to adult IV cannulation post skills demonstration and practice in the classroom setting and supervised assessment in the clinical setting.

Accreditation: 3 CEUs

No of Places: 8

Target Audience: Registered nurses working in the health service.

Facilitators: Centre of Nurse Education teaching staff

Participant Pre-requisites:

- Hand Hygiene Training must be completed within the last 2 years.
- Completed a full Medication Course (including IV Medication Training) and a refresher course every 2 years.
- A policy in the Organisation to support the Registered Nurse in the practice of Adult Peripheral Intravenous Cannulation
- A clinical assessor nominated by the organisation to supervise and support the participant to complete the clinical competency assessment.
- Participants are to access and complete the theoretical component of the Adult IV Cannulation Programme via www.hseland.ie and complete the online assessment.
- **Copy of successful online assessment grade is to be presented by the participant to Lecturer on arrival at the Centre of Nurse Education .**
- **Complete and return Clinical Competency form to the CNE within 12 weeks of completion of the programme**
- Failure to return completed competency form to the Centre of Nurse Education within 12 weeks of completion of the programme will require the learner to repeat the component of the Adult Peripheral Intravenous Cannulation programme via www.hseland.ie, complete the online assessment, undertake again the practical component in the CNE and repeat supervised practice within the participant's organisation again.

Date	Venue	Time	Duration
15 th March 2023	Centre of Nurse Education, 34 Henry Street, Cork	10—1pm	3 Hours

*Programme Application is via Classroom Management System on www.hseland.ie

Adult Venepuncture

Aim:

The aim of the workshop is to enhance the knowledge and skills of registered nurses in relation to the theory and practice of Adult Venepuncture.

Content:

A blended learning approach whereby the theoretical component can be accessed by registered nurses online via the HSE e-learning website www.hseland.ie and the practical components are delivered via the supervised practice workshops in the CNE.

Intended Learning Outcomes:

On completion of the programme the participants will:

- Discuss the Scope of Nursing and Midwifery Practice Framework (NMBI 2020) as it pertains to the role of the registered nurse and the practice of adult venepuncture
- Discuss the theory and key skills pertaining to adult venepuncture
- Discuss the importance of infection control measures in the practice of adult venepuncture
- Demonstrate competence in the skills pertaining to adult venepuncture on return to their work settings, following skills demonstration and supervised practice
- Understand the potential complications of adult venepuncture and manage effectively.

Accreditation:

NMBI 3 CEUs

No of Places Available:

6

Target Audience:

Registered Nurses working in the Irish Health Service registered with NMBI

Facilitators:

Teaching Staff of the Centre of Nurse Education, Mercy University Hospital, Cork

Pre-requisites:

- Current Policy in place in the employee's organisation to support the Registered Nurse in the procedure of Adult Venepuncture
- A clinical assessor nominated by the organisation in advance of attendance at programme to support and mentor the participant to complete the competency assessment.
- Participants are to access and complete the theoretical component of the Adult Venepuncture Programme via www.hseland.ie and complete the online assessment.
- Each participant needs to pass the online assessment in advance on HSEland in order apply and to undertake the practical component of the programme in the Centre of Nurse Education
- Copy of online assessment result/grade is to be presented by the participant to the Programme Facilitator on arrival at the Centre of Nurse Education
- Participants who do not present the assessment result/grade cannot undertake the practical component of the Venepuncture Programme
- This programme is designed only for Registered Nurses with the Nursing and Midwifery Board of Ireland (on the live register)
- Hand Hygiene Training must be completed within the last 2 years.

- **Complete and return Competency of Skill form to the Centre of Nurse Education within 12 weeks of completion of the programme.**
- *Failure to return completed competency form to the Centre of Nurse Education within 12 weeks of completion of the programme will require the learner to repeat the component of the Adult Venepuncture Programme via www.hseland.ie, complete the online assessment, undertake again the practical component in the CNE and repeat supervised practice within the participant's organisation again.
- All sections competency form must be completed by the participant and nominated supervisor

Date	Venue	Time	Duration
17 th January 2023	Centre of Nurse Education, 34 Henry Street, Cork	10am – 1pm	3 hours
14 th March 2023		10am-1pm	3 hours
14 th June		10am – 1pm	3 hours

*Programme Application is via Classroom Management System on www.hseland.ie

Anaphylaxis Training for Healthcare Professionals

Aim:

To prepare healthcare professionals to correctly recognize and effectively manage patients who develop an anaphylactic reaction.

Prerequisites:

The Anaphylaxis Programme is available on HSELand. Staff wishing to complete this course for the first time must complete the on-line version first. Then within 3 weeks of completion they should complete the one and a half hours skills component of this course at their local Centre of Nurse Education (CNE). They should book their skills component of this course first in the CNE via HSELand to ensure they can be offered a place within 3 weeks of completing the on-line component.

Participants must have completed a BLS Programme for Healthcare Providers within the past 2 years. If you require a refresher course on BLS in advance of attending for Anaphylaxis programme please view BLS programme availability on Classroom management System on HSELand

Workshop (2 hours)

- Anaphylaxis Quiz (Pre-Workshop)
- Preparing and drawing up 1st line medications
- Case management scenarios of adult, child and infant who develop an allergic reaction/anaphylactic reaction

Intended Learning Outcomes:

On completion of the programme the participants will:

1. Differentiate between severe allergic reaction and anaphylaxis
2. Discuss the management of the care of infants, children and adults with anaphylaxis
3. Demonstrate the calculations and preparation of appropriate drugs under current medication protocol
4. Discuss current RCPI National Immunisation Guidelines and other current evidence for the management of Anaphylaxis
5. Be knowledgeable of national guidelines for the management of Anaphylaxis

Accreditation:

NMBI 3 CEU's

NB: The online HSELand programme should be completed as a refresher every 2 years.

No of Places:

Please see Classroom Management System on HSELand for programme availability

Target Audience:

Nurses from all disciplines working in the public, voluntary and private sector

Facilitators:

Teaching staff at the Centre of Nurse Education, Mercy University Hospital, Cork

Date	Venue	Time	Duration
9 th March	Centre of Nurse	11.45am – 1.45pm	2 hours
17 th April	Education	11.45am – 1.45pm	2 hours
1 st June		11.45am – 1.45pm	2 hours

***Programme Application** is via Classroom Management System on www.hseland.ie

Basic Life Support for Healthcare Providers (BLS)

Aim:

To teach the principles and techniques of Basic Life Support for Adults, Children and Infants

Content:

Introduction:

- 2020 AHA BLS Guidelines
- Adult BLS skills
- Use of Automated External Defibrillator
- Child BLS skills
- Infant BLS skills
- Adult, Child and Infant foreign body airway obstruction
- Management of victims of stroke and heart attack

Intended Learning Outcomes:

On completion of the programme the participants will:

- Discuss 2020 AHA guidelines for CPR and emergency cardiovascular care
- Initiate the chain of survival with emphasis on team management
- Perform prompt, high-quality CPR and safe use of an AED in a cardiac arrest situation (adult/child/infant)
- Perform rescue breathing for patients who develop respiratory arrest (adult/child/infant)
- Manage the choking of an adult, child or infant.
- Recognise victims of stroke/heart attack and seek appropriate help.

Accreditation:

Irish Heart Foundation (ecards)

No of Places:

6 attendees per programme

Target Audience:

Nurses from all disciplines working in the public, voluntary and private sector

Facilitators:

Staff of the Centre of Nurse Education, Mercy University Hospital, Cork

Date	Venue	Time	Duration	
9 th January	Centre of Nurse Education, 34 Henry Street, Cork	All courses run from 9am – 2pm	Half Day	
10 th January				
30 th January				
1 st February				
2 nd February				
28 th February				
2 nd March				
2 nd March				CUMH
21 st March				
23 rd March				
12 th April				

13 th April	CNE, MUH		
26 th April	CUMH		
8 th May	CNE, MUH		
10 th May	CNE, MUH		
19 th June	CNE, MUH		
20 th June	CNE, MUH		

*Programme Application is via Classroom Management System on www.hseland.ie

Catheterisation -Supra-Pubic Catheter Change (Adults) Programme

Day 1- Supra-pubic catheter change theory session held in the Centre of Nurse Education

Day 2- Supra-pubic catheter change workshop held in the Centre of Nurse Education

Aim:

The aim of the course is to enhance the knowledge and skills of registered Nurses in relation to the theory and practice of supra pubic catheterisation and enable the nurse practice competently.

Content:

- Standard precautions and appropriate PPE (Covid 19)
- Aseptic Technique
- Best practice in Supra Pubic Catheter Care
- Theory and practice of Supra Pubic Catheterisation
- Catheter-associated Urinary Tract Infection (CAUTI) Bundle of Care
- Supervised Practice Workshop

Intended Learning Outcomes: *On completion of the programme the participants will:*

- Demonstrate an understanding of the Scope of Nursing and Midwifery Practice Framework (NMBI 2020) as it pertains to the role of the registered Nurse and the procedure of Supra-Pubic Catheterisation
- Understand the theory and key skills pertaining to Supra-Pubic Catheter change and management of care
- Understand the importance of infection prevention and control in the procedure of Supra-Pubic Catheter care
- Apply Catheter Associated Urinary Tract Infection (CAUTI) Bundle of Care
- Understand the potential complications of Supra-pubic catheter change and management of care
- Develop competence in the skills pertaining to Supra-pubic catheter care and catheter change (on return to their work settings), following skills demonstration and supervised practice

Prerequisites:

Enrolment is not permitted unless you have taken all of the modules/programmes listed below:

- ANTT Aseptic Non-Touch Technique
- Hand Hygiene for HSE Clinical Staff
- Donning & Doffing of PPE in community healthcare settings
- Introduction to Infection Prevention and Control

Attendees are required to complete pre course reading including:

- Code of Professional Conduct and Ethics for Registered Nurses and Registered Midwives (2014)
- Scope of Nursing & Midwifery Practice Framework (2020)

Assessment:

- There will be a knowledge assessment of course content at the end Day 1 of this programme
- Supervised practical skill assessment will be completed on Day 2 with feedback to participants
- Participants must submit completed competency assessment document within 6 months of course dates to the Centre of Nurse Education in order to receive certificate of programme completion

Accreditation: Category 1 Approval, 7 CEU's

No of Places: 12

Target Audience:

Registered Nurses caring for Patients with supra pubic catheter in situ, supported by organisation's evidence based policy in place.

Facilitators: Centre of the Nurse Education Mercy University Hospital teaching Staff

Date	Venue	Time	Duration
13 th February (Theory)	Centre of Nurse Education, 34 Henry Street, Cork	9am – 2.30pm	5 ½ Hours
February 15 th or 16 th (Workshop)		9.30am – 12.30pm	3 Hours

*Programme Application is via Classroom Management System on www.hseland.ie

Catheterisation- Urethral catheterisation in Females / Males (Adults) Programme

Aim:

The aim of the course is to enhance the knowledge and skills of registered Nurses in relation to the theory and practice of adult male and female urethral catheterisation and enable the nurse practice competently.

Content:

Day 1 Theory

- NMBI Professional Guidelines including Code of Professional Conduct & Scope of Nursing & Midwifery Practice.
- Revision of the anatomy and physiology of the adult female and male genito-urinary tract
- Indications, contra-indications and complications of adult male and female urethral urinary catheterisation
- Infection control and prevention in the practice of adult male and female urethral urinary catheterisation
- Evidence based knowledge and skill of adult male and female urethral urinary catheterisation

Day 2: Practical

- Practical Workshop on adult male and female urethral urinary catheterisation: Skills demonstration and supervised skills practice for each participant.
- Knowledge assessment
- Discussion on the Skills competency form for work settings
- Evaluation

Intended Learning Outcomes:

On completion of the programme the participants will:

1. Demonstrate an understanding of the Scope of Nursing and Midwifery Practice Framework (NMBI 2020) as it pertains to the role of the Registered Nurse and the procedure of adult male and female urinary catheterisation.
2. Understand the theory and key skills pertaining to the procedure of adult male and female urethral Catheterisation
3. Understand the importance of infection prevention and control in the procedure of adult male and female urethral catheterisation.
4. Develop competence in the skills pertaining to male and female urethral catheterisation on return to their work settings, following skills demonstration and supervised practice
5. Understand the potential complications of male and female urethral catheterisation and manage risk effectively.

Accreditation:

NMBI Category 1, 8 CEUs

No of Places Available:

12

Target Audience:

Registered Nurses caring for adult male and female patients with urethral catheter in situ, supported by organisation's evidence-based policy in place.

Facilitators:

Centre of the Nurse Education Mercy University Hospital teaching Staff

Pre-requisites:**Participant:**

- Current Registration with Nursing and Midwifery Board of Ireland
- Revision of the anatomy and physiology of the urinary system
- HSELand ANTT course
- HSELand Hand Hygiene up to date

Organisation:

- Evidence based practice guidelines/policy in relation to catheterisation must be in place to support the registered nurse
- Clinical supervisor is nominated to supervise practice and complete competency assessment

Assessment:

- There will be a knowledge assessment of course content at the end of this programme
- Practice of skills with supervision and feedback to participants

Date	Venue	Time	Duration
20 th April (Theory)	Centre of Nurse Education, 34 Henry Street, Cork	9am – 2.30pm	5 ½ Hours
April 26 th or 27 th (Workshop)		9.30am – 1.30pm	4 Hours

*Programme Application is via Classroom Management System on www.hseland.ie

Continence management of the child and young person (National programme)

Aim: The aim of the programme is to enhance healthcare professionals' understanding of continence assessment and promotion in children and young people, using current evidence base.

Content: The education programme comprises eight sessions which include PowerPoint presentations, group discussions, reflections, video clip, and case studies workshop. This education provides healthcare professionals with an understanding of continence in children and young people, thereby supporting earlier recognition of delayed toilet training and improving outcomes for children, young people and their families.

Intended Learning Outcomes:

- develop an understanding of a whole-family approach to continence promotion in the child or young person
- understand the principles of assessment for toilet training readiness and continence management
- explore the management of continence in children and young people who have additional needs
- discuss and explore the common bowel and urinary problems in children, such as constipation, soiling and enuresis
- apply appropriate pathways for continence assessment, management and referral.

Accreditation: 7 CEU's

No of Places: 30

Target Audience: Healthcare professionals, in particular registered Nurses involved in Continence assessment and promotion in children or young people.

Facilitators: Teaching Staff of the Centre of Nurse Education, Mercy University Hospital, Cork Rachel Long, Ann Cummins, Louise Newcombe

Date	Venue	Time	Duration
To be confirmed	Centre of Nurse Education, 34 Henry Street, Cork	08:50-16:30	7.5 hrs

*Programme Application is via Classroom Management System on www.hseland.ie

Adult continence education programme (National programme)

Aim: Primary Care Operations Community Funded Schemes Service Improvement Programme have developed a series of continence care modules to support better continence care across all healthcare settings and the implementation of the following:

- National guideline for the assessment, promotion and management of continence in adults by registered nurses (HSE, 2019)
- Model of care for Urology Ireland CSP027/2019 – recommendation 5 to:
 - Develop shared care initiatives between primary and secondary care that ultimately aim to transition selected urological services from acute hospital-based care to community care delivered closer to home

Each module is a pre-recorded presentation focusing on a specific topic delivered by experienced Continence Advisors working in primary care settings in Ireland. Modules can be completed by users at any time, certification will be issued once all modules are completed. Workshop in person at Centre of Nurse education, Mercy University Hospital.

Content: Training Modules

Module 1

Topic 1: Introduction to the education programme

Topic 2: Prevalence & Impact & Introduction to national continence guideline

Topic 3: Anatomy & Physiology of urinary and bowel systems

Module 2

Topic 1: Types & classification of urinary incontinence

Topic 2: Assessment & management of urinary incontinence

Topic 3: Case studies

Module 3

Topic 1: Types & classification of bowel conditions

Topic 2: Assessment & management of bowel conditions

Topic 3: Case studies

Module 4

Topic 1: Skin care and incontinence associated dermatitis

Topic 2: Self-management of incontinence

Topic 3: Integrated care – a shared care plan

Accreditation: 7 CEU's

No of Places: Unlimited (Online content) Workshop 20

- **Target Audience:** Registered Nurses involved in the care of adults i.e. Public Health Nurses, Primary Care Teams, Older persons services, mental health services, disability services and Acute Services including midwifery

Facilitators: Online - Margaret Tiernan, Continence Advisor, Roscommon Primary Care, Breda
Moore, Continence Advisor Carlow / Kilkenny Primary Care, Rachel Long, Continence Advisor, Cork North Lee, AnnaMarie Mills Continence Advisor Mullingar Primary Care, Mary Bell, Education and Practice Development Manager, Peamount Healthcare, Una McCarthy National Primary Care – Education Programme chair una.mccarthy@hse.ie. Mr. Eamonn Rogers, National Clinical Advisor for Urology to the National Clinical Programme in Surgery (NCPS)

Workshop: Teaching Staff of the Centre of Nurse Education, Mercy University Hospital, Cork. Rachel Long CNE, MUH. Martina Irwin, Continence Adviser North Cork.

Date	Venue	Time	Duration
To be confirmed	Centre of Nurse Education, 34 Henry Street, Cork	09-12	3 hrs

*Programme Application is via Classroom Management System on www.hseland.ie

Ear Care programme

Aim:

Registered Nurses will apply the evidenced based knowledge and skill as it pertains to Adult Ear Care Management into their Nursing Practice

Content:

- Anatomy and physiology of the ear,
- Causes of common ear problems, the role of cerumen,
- Aural and risk assessment and use of otoscope,
- Practice of ear irrigation,
- Special precautions pre, peri and post procedure,
- Advice given to client

Programme Delivery

The programme is designed for facilitation as either classroom based or blended learning programme. This is a co-facilitated programme with CNE Educator and Clinical Practitioner competent in ear exam and ear irrigation.

Part 1 consists of theory delivery classroom/on-line education platform e.g. Webex Events or Microsoft Teams.

Part 2 is a skills-based workshop hosted in the Centre of Nurse Education.

Intended Learning Outcomes:

On completion of the programme the participants will:

- Confidently advise patients about ear hygiene and preventable measures in management of ear wax.
- Critically evaluate the current methods used for ear wax removal and reflect on the most appropriate method for individual patient centred care.
- Appreciate the nurses' accountability in undertaking patient ear examination and irrigation in their clinical setting.
- Demonstrate competence in completing ear assessment and irrigation documentation.
- Have better understanding of the issues faced by individuals whose hearing is affected and the resources and agencies that are available to them.
- Demonstrate safe and proficient technique for ear examination with otoscopy and the removal of impacted ear wax while appraising their own practice

- Outline the special care precautions pre, peri and post ear irrigation procedure
- Discuss the information/advice given to the Individual following ear irrigation procedure and preventive measures regarding cerumen formation

Participants must submit completed competency assessment document within 3 months of course dates to the Centre of Nurse Education in order to receive certificate of programme completion

Accreditation:

Category 1: NMBI 5 CEUs

No of Places Available:

12 Places

Target Audience:

Registered Nurses working in Public, Voluntary and Private healthcare settings

Facilitators:

Ms Elizabeth Myers, Nurse Tutor/Specialist Co-ordinator, CNE MUH

Date	Venue	Time	Duration
21 st February 2023	Centre of Nurse Education, 34 Henry Street, Cork	9am – 5pm	One Day

*Programme Application is via Classroom Management System on www.hseland.ie

Enhancing and Enabling Well-Being for the Person with Dementia National Programme

Aim:

To provide participants with a foundation to improve the well-being of the person with dementia

Content:

- Overview of Dementia
- Ageing & Memory
- Dementia and Human Rights
- Delirium and Issues arising
- Nutrition and Dementia
- Creating a dementia friendly environment
- Person centred communication in dementia care
- Supporting the person living with dementia experiencing non cognitive symptoms
- Person Centred Care
- Palliative Care and the person with Dementia

Intended Learning Outcomes:

On completion of the programme the participants will:

- Describe the normal ageing process
- Describe dementia
- Explain the impact the progression of dementia has on a person and their families
- Recognise the impact the environment has on the person with a dementia and their carers
- Discuss person-centred care
- Enhance quality of life for the person with dementia
- Identify the main principles of communicating with the person with dementia
- Identify and respond to changes in behavior creatively

Accreditation:

NMBI 12.5 CEU's

No of Places Available:

21 Places

Target Audience:

All Healthcare staff from Community Hospitals in Cork who will be expected to undertake work based activities during the programme

Facilitators:

Staff of the Centre of Nurse Education, Mercy University Hospital and invited guest speakers.

Date	Venue	Time	
Day 1: 12 th January 2023	Centre of Nurse Education, 34 Henry Street, Cork	8.30am – 5pm	
Day 2: 24 th January 2023		9am – 5pm	

Enteral Feeding and Tube Management

Aim: To provide education and training on enteral feeding and tube management

Content:

Day 1 Theory

- Overview of enteral feeding, acute and community perspectives
- Gastrostomy tube types and their management
- Infection Control Considerations
- Administration of Medications via enteral tubes
- Procurement of Enteral Tubes/Ancillaries for Patients
- Enteral Feeding Tubes

Day 2 Practical Workshop

- Tube Types and Trouble Shooting
- Accidental Tube Removal
- Aspiration and PH Testing
- Feed Types

Intended Learning Outcomes:

At the end of this programme attendees will:

- List indications for enteral feeding
- Identify types of enteral feeding tubes and delivery methods
- Be able to assess enteral feeding site
- Recognise complications associated with enteral feeding and treat as appropriate
- Adhere to appropriate Infection Prevention and Control guidelines
- Understand procurement process
- Adhere to medication management guidelines, identify drug and enteral feed interactions, how to administer medications enterally and identify suitable medication formulations for administration

Accreditation: Category 1 Approval, 9 CEU's

No of Places: 20

Target Audience: Registered Nurses and Dieticians

Facilitators: Nurse Tutors, Clinical Nurse Specialists, Pharmacist, Clinical Advisor, Dietician, Assistant Director of Public Health Nursing, Infection Prevention and Control Assistant Director of Nursing

Date	Venue	Time	Duration
April 26 th (theory)	Centre of Nurse Education, 34 Henry Street, Cork	09.45 – 15.00pm	5 hours 15min
May 9 th (workshop)		10.00am – 15.00pm	5 hours

Intramuscular Injection Technique

Aim: The aim of the course is to enhance the knowledge and skills of Registered Nurses in relation to the theory and practice of intramuscular injection.

* The Intramuscular Injection technique will be delivered back-to-back with most of our Anaphylaxis programmes if you wish to attend both programmes on the same day. Application for both programmes is required if you wish to attend both.

This programme may be of benefit to nurses who are preparing as vaccinators.

Content:

- Relevant national and local guidelines relevant to IM Injections
- Revision of the anatomy and physiology of sites for intramuscular injections.
- Indications and complications of administration of medication via the intramuscular route.
- Evidence based knowledge and skills in administration of medication via the intramuscular route
- Practical workshop on administration of medication via the intramuscular route: Skills demonstration and supervised skills practice for each participant.

Intended Learning Outcomes:

At the end of this programme the participant should be able to:

- Discuss the context of administering intramuscular injections and associated benefits and potential risks.
- Discuss best practice in the administration of intramuscular injections.
- Demonstrate competence in the administration of intramuscular injections in the workplace setting.
- Safely and effectively manage patients who require administration of intramuscular injections in accordance with their own scope of practice and local practice guidelines

Accreditation: Category 1 approval NMBI, 2 CEU's

No of Places: See Classroom Management System on HSELand for availability

Target Audience:

Registered Nurses caring for Adult Patients requiring administration of medication via the intramuscular route, supported by organisation's evidence-based policy in place.

Facilitators: Staff of the Centre of Nurse Education, Mercy University Hospital

Date	Venue	Time	Duration
9 th March 2023 17 th April 2023 1 st June 2023	Centre of Nurse Education, Cork	9-11am	2hours

*Programme Application is via Classroom Management System on www.hseland.ie

Medication Management

Aim: To discuss Guiding Principles of Medication Management for Registered Nurses

Content: Principles of Medication Management as per Guidance for Registered Nurses and Midwives on Medication Administration (2020) Nursing & Midwifery Board of Ireland (NMBI)

Intended Learning Outcomes:

- Discuss the Guiding Principles of Medication Management as outlined by the Nursing and Midwifery Board of Ireland (NMBI) (2020)
- Demonstrate knowledge and understanding of the Guiding Principles of Medication Management in a safe, effective and ethical way (NMBI, 2020)
- The nurse will understand their roles, responsibilities and accountability in relation to the administration of medication to patients across care settings.
- Discuss Scope of Nursing & Midwifery Practice (NMBI, 2015) and Code of Professional Conduct and Ethics (NMBI, 2014) in relation to medication administration
- Discuss the relevant legislation and professional guidance to support the nurse in medication administration.
- Discuss the healthcare providers' responsibility to ensure relevant PPPGs are in place to support and guide the nurse in practice.

Accreditation: Category 1 Approval NMBI; 4 CEU's

No of Places 16

Target Audience: Registered Nurses

Facilitators: Staff of the Centre of Nurse Education, Mercy University Hospital

Date	Venue	Time	Duration
18 th April 2023	Centre of Nurse Education, 34 Henry Street, Cork	0900-13.00	4 hours

*Programme Application is via Classroom Management System on www.hseland.ie

Management of neurogenic bowel dysfunction for individuals with spinal cord injury

Aim:

The aim of this course is to provide Registered Nurses with the theoretical knowledge required for the practical management of individuals with Neurogenic Bowel Dysfunction (NBD)

Intended Learning Outcomes:

Following this programme, the nurse will be able to:

- Outline the options for individual management of neurogenic bowel
- List the aims of a bowel care programme
- Outline the complications of bowel care and how these can be treated
- Provide an individual bowel care programme for the SCI population, taking in to account any complications that may occur.

Please note attendees will require an identified competent Nurse/ Continence Adviser to complete their clinical competency post this theoretical programme

Accreditation: NMBI - 6 CEUs

No of Places: 12

Target Audience: Community RGNs, PHNs and Acute Nurses working with individuals with neurogenic bowel dysfunction, requiring bowel care.

Facilitators: Nurse Tutor and External Facilitators

Date	Venue	Time	Duration
4 th April 2023	Centre of Nurse Education, 34 Henry Street, Cork	08:30-14:30	6 hours

*Programme Application is via Classroom Management System on www.hseland.ie

New Graduate Transition Programme

Aim: To support transition from Student to Staff nurse. To further develop new graduates' skills and competencies.

Content:

Day 1: Respiratory Assessment and Airway Management

Day 2: Respiratory (Workshop)

Day 3: Medical

Day 4: Surgical

Day 5: Acute Life-Threatening Events Recognition and Treatment (ALERT)

Day 6: Deteriorating Patient Workshop

Day 7: Professional Development (Classroom)

Intended Learning Outcomes:

- To guide and support newly graduate Nurses
- Assist newly graduate Nurses to enhance their clinical skills and build confidence
- To prepare new graduates for their role as Registered Nurses and decrease transition shock
- To promote integration of theory to practice and assist new graduate Nurses to acquire clinical skills and further develop critical thinking abilities
- To further develop skills in communication, teamwork and decision-making
- Provide opportunities for peer-to-peer support and reflective practice
- To promote continuous professional development
- To support the retention of new graduate Nurses

Accreditation: Category 1 approval NMBI 35CEU's

No of Places: 24

Target Audience: New Graduate Registered Nurses, Mercy University Hospital, Cork

Facilitators: Registered Nurse Tutor, Nurse Practice Development Unit, Advanced Nurse Practitioners, Clinical Nurse Specialists, Clinical Facilitators and allied interdisciplinary team, Mercy University Hospital, Cork

Date	Venue	Time	Duration
Day 1: 15 th November 2022 <i>Respiratory</i>	Centre of Nurse Education, 34 Henry Street, Cork	8am – 5pm	
Day 2: 11 th January 2023 <i>Respiratory (Workshop)</i>			
Day 3: 22 nd February 2023 <i>(Medical)</i>			
Day 4 25 th April 2023 <i>(Surgical)</i>			
Day 5: 15 th June 2023 Deteriorating Patient <i>(Workshop)</i>			
Day 6: 7 th September 2023 Professional Development <i>(Classroom)</i>			

*Programme only available for Mercy University Hospital Staff, Bookings through npduadmin@muh.ie

Preceptorship

Aim:

To prepare qualified nurses to undertake the role of Preceptor for undergraduate nursing students

Content: Learners complete a UCC online preceptorship Programme

Programme Outline:

Introduction to online programme

Unit 1 - The National Competence Document

Unit 2 - Roles and Responsibilities of the assessment team

Unit 3 - CAD explained - page by page

Unit 4 - Assessment and Feedback

Unit 5 - Reflection and Reflective Practice

Link to

Online programme <https://ucc.cloud.panopto.eu/Panopto/Pages/Sessions/List.aspx?folderID=f1367637-330f-4ebf-ab6d-ac0900a0cc71> which can be found on the UCC School of Nursing and Midwifery website [Preceptor Information](#)

At the end of each unit there is a very short evaluation form to complete, on completion of all 6 units a certificate of completion will be sent to the Preceptor and their Manager.

**This programme will run until online preceptorship education programme on HSELand is operationalised nationally, then the UCC online preceptorship programme link will be considered as a resource and will remain on the School of Nursing and Midwifery website.*

Following completion of UCC online preceptorship Programme Learners **must** then attend for a Virtual Preceptorship Workshop facilitated by the Centre of Nurse Education. Booking is via Classroom Management System on HSELand.

Certificate of completion of UCC online preceptorship Programme **must be forwarded** to Lorna Paterson, Clerical Officer cne@muh.ie in advance in order to be accepted for a place on the Preceptorship workshop.

Intended Learning Outcomes:

- Discuss the use of Steineker and Bells Experiential Learning Taxonomy as a framework to assess students' expected level of learning
- Review of Competency Assessment Document and Resources Available
- Identify supports available to staff and students when working as a preceptor
- Be able to structure and complete interviews and assessments with student nurses
- Be able to identify when and how to document feedback on a student's progress

Accreditation: Category 1 approval NMBI; 2.5 CEU's

No of Places: 25

Target Audience: Registered Nurses

Facilitators: Staff of the Centre of Nurse Education, Mercy University Hospital

Date	Venue	Time	Duration
23 rd March 2023	Centre of Nurse Education, 34 Henry Street, Cork	2pm – 5pm	3 Hours

*Programme Application is via Classroom Management System on www.hseland.ie

The Nursing management of the adult with Type 2 diabetes: practical workshop programme

Aim:

This one-day practical workshop is designed to complement the knowledge and skills you have gained following completion of the eLearning modules:

- *The Nursing Management of Adults with Type 2 Diabetes Mellitus* on www.hseLanD.ie, and
- *Diabetic Foot screening and protection* on www.hseLanD.ie;

The aim of this practical workshop programme is to enhance those practical skills necessary to effect the optimum nursing management of the adult with T2DM. *All participants must present their certificate of completion of the online blended learning programmes to enable enrolment.*

Content:

- Blood glucose monitoring incorporating glucose meters, testing strips, injection devices and delivery, infection prevention and control, patient safety, injectables, injection technique and the management of hypoglycaemia
- T2DM Medicine Management in given scenarios/Case studies/Care planning; Q & A session
- Motivational Interviewing, integrating the five principles: Behavioural techniques.
- Assessment of the diabetic foot incorporating monofilament assessment, sensation, circulation, structural abnormalities, interventions and referral
- Healthy Eating and the management of T2DM, eating habits, portion sizes, food labelling, meal plans, food diaries. Referral pathways. - (practical session).

Intended Learning Outcomes:

On completion of the programme the participants will:

:

- Through experiential learning and hands-on experience, observe and experience the optimal functioning and use of recommended blood glucose meters, insulin delivery devices and injectables, while promoting safe, quality patient care;
- Demonstrate prompt management of the adult with hypoglycaemia;
- Using role play, promote patient empowerment by utilising motivational interviewing techniques and specific behavioural approaches, positively influencing adults' self-management of their diabetes.
- Demonstrate the importance of nutritional management through engagement in dietary demonstrations, label reading practice, meal planning and determination of portion sizes through problem solving activities and reflective discussion;
- Identify the characteristics of the 'at risk' foot through practical assessment techniques, promoting effective treatment decisions, initiating further investigations and knowing when to refer to and engage specialist services;

- Engage in medicine management of the adult with diabetes through varied practice based scenarios and reflective practice

Accreditation:

Category 1: NMBI 6 CEUs

No of Places Available:

23 Places

Target Audience:

Registered Nurses working in Public, Voluntary and Private healthcare settings

Facilitators:

Ms Elizabeth Myers, Nurse Tutor/Specialist Co-Ordinator, CNE MUH; podiatrist, Dietician, ANP /CNS Diabetes, Health promotion specialist.

Date	Venue	Time	Duration
4 th May 2023	Centre of Nurse Education, 34 Henry Street, Cork	9am – 5pm	One Day

*Programme Application is via Classroom Management System on www.hseland.ie

Wound Care Conference.

Aim:

The aim of this one-day conference is to provide up to date education for registered nurses regarding specific elements of wound care and an opportunity to enhance their delivery of care with a specific focus on lower limb ulceration.

Content: A number of theoretical components including differentiating and assessing various types of wounds and practical workshop demonstrations.

Intended Learning Outcomes:

- Wound assessment
- Differentiate between venous and arterial leg ulcers
- Be able to assess and manage a patient/client in the community with venous/arterial leg ulcers
- Perform leg bandaging as appropriate
- Update on various wound products available

Accreditation: 7 CEU Credits

No of Places: 35

Target Audience: Registered General Nurses working in the Community setting.

Facilitators: Siobhan Buckley Nurse Tutor Mercy CNE (course coordinator) and invited nurse specialists in tissue viability.

Date	Venue	Time	Duration
March 7 th 2023	Centre of Nurse Education, 34 Henry Street, Cork	8.00am-3.30pm	7.5 hours.

*Programme Application is via Classroom Management System on www.hseland.ie

